



[DHB Logo]

# [DHB] [Exercise Name] Emergo Train System Exercise

[Picture]

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# Emergo (2016) Template Booklet Revision History

Version	Date	Author (s)	Revision Notes
V.1			Initial Draft
V.2			Amendments
V.3			Amendments
V.4			Amendments
V.5			Amendments
V.6			Amendments
V.7			Amendments
V.8			Amendments
V.9			Amendments
V.10			Amendments
V.11			Amendments
V.12			Amendments
V.13			Amendments

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# **Section 1: Exercise Planner**

Use these headings and prompts to create your Exercise Plan.

Exercise Plan			
Hospital/DHB			
Exercise name			
Venue			
Date of exercise			
Duration of exercise			
Date and time of data replication			
Analyse			
This is the phase where	eby you determine the need for an exercise as well as identifying which plan/s need d. Take into consideration all process and procedures supporting the plan you are narge		
Identify the plan/s to be tested/validated:			
Idaa (f. da a a a a a a a a a da da a	torsed to be tested anne Paletado		
Identify the components that need to be tested or validated:			
<i>E</i>	ators (KPIs) need to be aligned with the components of your plan		
KPIs to be measured: Refer	to Section 4 to complete KPI templates		
Steering Group Members			
Ensure you have a representative on the Steering Group from each service to coordinate the number of participants and provide actual service data along with any KPIs that need to be measured.			
Name	Title/Department		

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Steering Group Meetings			
Date of meeting	Agenda Items		
[Insert meeting dates]			

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Exer	cise Design
	duction
	Provide a brief background to the exercise, including the origin or purpose of the wider exercise and what organisation is leading it.
Aim	This is a desired state of demonstrable subseque Fundain who we are restinized in a subset we would be
	This is a desired state – a demonstrable outcome. Explain why we are participating and what we want to achieve?
Scena	ario
	A short description of the exercise scenario to set the scene and indicate to participants what type of event
	or incident the exercise will be about and what environment or conditions can be expected. This scenario can be complemented with a Powerpoint that sets the scene.
	oan be complemented with a 1 enorpoint that colo the coord.
Conc	ept
	Notes on the how, who, where and when the exercise will be conducted.

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#### **Exercise Team Roles and Responsibilities**



**Medical Umpire:** This person can be provided from the hospital and be a part of the Steering Group. Otherwise this role can be filled externally by the ETS Facilitator or other appropriate person.

**Senior ETS Instructors:** These instructors will be invited to participate in the exercise by the ETS facilitator. The number of senior instructors will depend on the size of the exercise.

Assistant ETS Instructors: These people can be externally or internally selected.

Participants for the exercise: If you can identify these people early in the planning, the exercise time can be factored into their rosters.

[Insert more functions as required]

Exercise Role	Name	Department/Location
Exercise Director		
Exercise Facilitator		
Exercise Facilitator Assistant		
Medical Umpire		
Evaluator – [area]		
Evaluator – [area]		
Evaluator – [area]		
Senior ETS Instructor [BOARD]		
Assistant ETS Instructor [BOARD]		
Assistant ETS Instructor [BOARD]		
Assistant ETS Instructor [BOARD]		
Observer		
Observer		
Observer		

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<b>Exercise Logistics Checklist ar</b>	nd Timeline			
This is a checklist and timeline to be used when planning the exercise.  [Timeline can be amended to reflect planning arrangements]				
Task	Notes	☑		
	18 months prior to Exercise			
Schedule exercise date with ETS facilitator				
Notify MoH REMA				
1	12-18 months prior to Exercise			
Book venue	Ensure you book the venue for the day of the exercise AS WELL as the day prior for set up			
1	0-12 months prior to Exercise			
Meet with ETS Facilitator	Initial meeting with ETS Facilitator to discuss template document, timeline and other requirements			
	8-10 months prior to Exercise			
Select Steering Group Members				
Schedule steering group meetings	Send out calendar invites			
Host first Steering Group Meeting	This meeting should be focused around completing Section 1 and 2 of this document			
Notify Management of Service Departments	Give Service Departments enough time to factor staff attendance into rosters			
Distribute Medical Umpire Briefing Pack and Injury List	Provide your Medical Umpire with the patient injury list to select injury list (if applicable) as well as the Medical Umpire Briefing Pack			
Select and contact Senior Instructors	Your ETS Facilitator will be able to assist with arranging Senior Instructors			
Complete Section 1	Complete Section 1 of Emergo Exercise Template and forward to ETS Facilitator			
Complete Section 2	Complete Section 2 of Emergo Exercise Template and forward to ETS Facilitator			
6-8 months prior to Exercise				
Consider a Steering Group Meeting	Agenda items pertaining to Section 3 and 4 should be addressed			
Complete Section 3	Complete Section 3 of Emergo Exercise Template and forward to ETS Facilitator			
Complete Section 4	Complete Section 4 of Emergo Exercise Template and forward to ETS Facilitator			

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	4-6 months prior to Exercise		
Arrange magnetic whiteboards	No. of whiteboard is determined by the size of the exercise and need to be provided by the agency hosting the exercise		
Consider a Steering Group Meeting	Agenda items pertaining to Section 4 should be addressed		
	2-4 months prior to Exercise		
Consider a Steering Group Meeting	Use this meeting to discuss exercise as a whole and follow up on outstanding actions/lack of information		
Arrange refreshments	Tea, Coffee, Water for the day of the exercise		
Arrange catering	If required, will be supplied by the agency hosting the exercise		
Patient Tracking Forms	Provide the ETS Facilitator with a copy of your manual patient tracking forms so that these can be prepared for the day of the exercise. If you are going to use your electronic systems, ensure ICT have this set up and ready prior to the exercise.		
Complete Section 5	Complete Section 5 of Emergo Exercise Template and forward to ETS Facilitator		
Complete Section 6	Complete Section 6 of Emergo Exercise Template and forward to ETS Facilitator		
Complete Section 7	Complete Section 7 of Emergo Exercise Template and forward to ETS Facilitator		
2 months prior to Exercise			
Consider a Steering Group Meeting	This meeting should be used for final sign off		
Meeting with ETS Facilitator	This will give you an opportunity to run through what has been completed and authorised to date as well as identify what is outstanding		
HERP	Forward a copy to the ETS Facilitator		
Plan/s being tested	Forward a copy to the ETS Facilitator		
Arrange communications	Actual process may need to be replicated via cell phones/RTs etc.		
Powerpoint presentation and access	Prepare a powerpoint presentation which will be used to 'set the scene' of the exercise and will form part of your Exercise Briefing		
Hot debrief	Organise a scribe to capture all notes from the hot debrief		
Complete Section 8	Complete Section 8 of Emergo Exercise Template and forward to ETS Facilitator		
Complete Section 9	Complete Section 9 of Emergo Exercise Template and forward to ETS Facilitator		
Complete Section 10	Complete Section 10 of Emergo Exercise Template and forward to ETS Facilitator		
	1 month prior to Exercise		
Teleconference with ETS Facilitator	Arrange teleconference time and date with ETS facilitator leading up to exercise – suggest a teleconference 4 weeks prior to exercise		

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Arrange clipboards	Each Service Department set up area will require a clipboard for Activity Logs		
Copy of radiology forms	Forward to ETS facilitator		
Copy of laboratory forms	Forward to ETS facilitator		
Task cards	Actual task cards and or jerkins should be used during the exercise		
Complete Section 11	Complete Section 11 of Emergo Exercise Template and forward to ETS Facilitator		
	2 weeks prior to Exercise		
Teleconference with ETS Facilitator	Arrange teleconference time and date with ETS facilitator leading up to exercise – suggest a teleconference 2 weeks prior to exercise AS WELL as 1 week before exercise play		
Distribute exercise information	You may choose to extract some this information from Section 1 of the Emergo Exercise Template document and forward to participants as an introduction to the exercise		
	Exercise Set Up Day		
ETS tools	Provided by ETS facilitator		
ETS overview	Provided by ETS facilitator		
Powerpoint Presentation	Ensure you have your presentation with you. Set up laptop and PP and ensure all is functioning properly for Exercise Day		
Complete Section 12	Complete Section 12 of Emergo Exercise Template and forward to ETS Facilitator		
Complete Section 13	Complete Section 13 of Emergo Exercise Template and forward to ETS Facilitator		
Post Exercise Day			
Reports	ETS Facilitator will follow up RE reporting		

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#### **Section 2: Previous Exercise**

# **Previous Exercise Learning Outcomes**

Reference the learning outcomes documented in previous exercise report. List these outcomes with the associated action plans and any relevant notes attached to these outcomes – basically a tracking of all learning outcomes as a result of previous exercises. This should be discussed in the Steering Group Meeting as it gives you a good opportunity to take these outcomes and test them in your next exercise.

#### [NAME] DHB

#### Exercise [PREVIOUS EXERCISE NAME] – [PREVIOUS DATE OF EXERCISE]

Learning Outcome	Action Plan	Notes

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# **Section 3: Exercise Master Schedule of Events**

Exercise [NAME]	
Exercise Date	
Exercise Venue	

Exercise schedule of events				
Consider listing all service injects on this template (colour code it so it is easier for the Evaluator for that service to place the injects into the exercise). Examples below:				
Time	Agency	No.	Inject content	Expectations/prompts
e.g. 0835	Fire	1	A car has been parked in front of the fire control panel at the rear of the Rodney Green Stand	Vehicle to be removed immediately
e.g. 0840	ICP	2	Several medical and nursing staff members from the hospital report to the ICP offering to assist	ID verified, skills used appropriately
e.g. 0840	Ambulance	3	Diabetic, semi conscious, deep sighing breathing	

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EXERCISE INJECT FORM — INJECT # [insert]				
Exercise Name				
Exercise Date				
Injected by:				
Scheduled inject time:				
Target / Agency:				
	Inject			
Response Instructions / Additional Information				
Expectations				
Plan reference				

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# **Section 4: Key Performance Indicators**

Exercise [NAME]	
Exercise Date	
Exercise Venue	

# **Key Performance Indicators**

All Key Performance Indicators (KPI) need to be aligned with the components of the plan/s being tested/validated. Use the templates below to formulate your KPIs.

#### **Joint Agency Objectives**

	Evaluator: [NAME]					
No.	Indicator ALL RED sections need to be completed	Measurement met by:  Observation Verbalised Written	Comments (Additional information the evaluator needs to hear)	Achieved	Partially Achieved	Not Achieved
1.1	Command structure in place	Incident control point designated				
		Areas of staging, triage, ambulance loading and deceased designated				
		Safety of responders maintained				
		Roles and responsibilities assigned				
		Clear lines of command				
1.2	Interagency communication processes	Accurate information passed between services				
1.3	Management of the media	Single point of contact identified for media enquiries and releases				
1.4	Public enquiry processes	Single point of contact identified for all public enquiries				
1.5	Logistics (Staff; vehicles, medical supplies) Also supplies for responders if the incident is for a prolonged period	Resource limitations identified and requests placed through the appropriate channels				

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#### **Key Performance Indicators NZ** police Objectives **POLICE Evaluator: [NAME]** Indicator Comments No. Measurement met by: Achieved **ALL RED sections need** (Additional information the evaluator Observation needs to hear) to be completed Verbalised • Written EOC manned EOC and ICP reps go directly to MAP used location, all other staff to Assembly Area ICP manned Observation for allocation of duties OC Police appointed Communicated through Situational reports Forward commander appointed Roles, tasks and resources allocated Assembly area operational Access for vehicles gained CIB investigation initiated 2.2 Management of the public Area cordoned off and contained Observed Area of helicopter landing identified and cordoned Point of entry for emergency services personnel achieved Registration point for displaced people identified Coordination with park management re public communication initiated

Capacity assessed with contingency to

meet demand activated

DVI processes initiated

Where?

Transport?

Notification process?

Management of DVI and

mortuary

2.3

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#### **Key Performance Indicators NZ FIRE Objectives** FIRE Evaluator: [NAME] No. Indicator Measurement met by: Comments **ALL RED sections need** (Additional information the evaluator Observation to be completed needs to hear) Verbalised • Written 3.1 EOC manned EOC and ICP reps go directly to locations ICP manned Roles & responsibilities defined 3.2 Fire trucks deployed Access for appliances gained Identify what water mains could be used

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# **Key Performance Indicators**

# **AMBULANCE Objectives**

#### AMBULANCE Evaluator: [NAME]

	/					
No.	Indicator ALL RED sections need to be completed	Measurement met by:     Observation     Verbalised     Written	Comments (Additional information the evaluator needs to hear)	Achieved	Partially Achieved	Not Achieved
4.1	ICP manned	METHANE report within 5 mins				
		Roles and responsibilities are assigned				
		Set up mode of communication with receiving medical facilities				
		EOC and ICP reps go directly to locations				
		Define actual location for CCP and Transport				
		EOC Activated within:				
4.2	All units to Staging Area	Access for vehicles gained	Where?			
		Call back of staff and other resources is activated - assessment should be completed within 5 mins of the first responder attending the scene	What are these?			
		Regular situational reports are provided	Track the timeframes			
4.3	Appropriate roles of parking and communications assumed by first response	Parking Officer in place				
	crew	Communication Officer in place				
		Consider other logistics				

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# **Key Performance Indicators**

# **Health Emergency Control Plan – EOC Activation**

**EOC Evaluator: [NAME]** 

	EOC Evaluator: [NAME]					
No.	Indicator ALL RED sections need to be completed	Measurement met by:  Observation Verbalised Written	Comments (Additional information the evaluator needs to hear)	Achieved	Partially Achieved	Not Achieved
5.1	Emergency Control Plan activated in timely manner	Time plan was activated:				
		Roles & Responsibilities assigned				
5.2	Communication cascade activated	Time the External/internal notification was sent out:				
5.3	EOC manned	A staff briefing held				
5.4	Wider key stakeholders notified	Public Health				
		CDEM				
		мон				
		Other				
5.5	Identification of resources requirements	Request for additional resources as necessary				
		Assigned a person manage staffing and resource allocation				

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#### **Key Performance Indicators Emergency Department ED Evaluator: [NAME]** Indicator Measurement met by: Comments No. Partially Achieved Achieved **ALL RED sections need** (Additional information the evaluator Observation needs to hear) to be completed Verbalised • Written 6.1 Time from pre-hospital Timeframe for receiving these Track times, numbers of incoming METHANE report to calling updates of ED briefing Decision to activate the Who made the decision: 6.2 Time frame: **Emergency Control Plan** 6.3 ED call back Contact made with % of staff within minutes Establishment of roles and responsibilities within ED 6.4 minutes from receipt of pre-hospital notification Allocation of roles & responsibilities: assign jerkins & task cards Time \_ 6.5 Decanting of the Emergency Consultation with duty manager Department Hospital discharge plan is activated % of patients cleared before first patients arrived by ambulance 6.7 Acceptable levels <15% deaths within the department preventable death within ED 6.8 Triage and treatment to meet T1 = immediately ED standard times T2 = 10 minutes T3 = 30 minutes T4 = 60 minutes T5 = 120 minutes MCI Patient tracking system All patients are to be provided with a is activated and resources reassigned number; assigned

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At the end of the exercise all patients will

be accounted for

	Key Performance Indicators						
	Hospital						
	HOSPITAL Evaluator: [NAME]						
No.	Indicator ALL RED sections need to be completed	Measurement met by:  Observation  Verbalised  Written	Comments (Additional information the evaluator needs to hear)	Achieved	Partially Achieved	Not Achieved	
7.1	Duty Manager/Bed Co-coordinator	Provide a bed status report with					
7.2	ICU response according to plan	Provide a bed status report & identify which patients could be moved out of ICU					
7.3	Theatre; Recovery and Radiology	Contact made with% of required staff within 20 minutes					
		Theatre lists reprioritized within 10 minutes					
		Resource stock-take within 30 minutes					
7.4	Preventable Deaths & Complications	Total number of patients received in exercise					
		Number of preventable deaths & area that death occurred					
		Number of preventable complications					
		Number of patients that ended up in:  • ED					
		Discharge					
		<ul><li>Transfer</li><li>Unsure</li></ul>					

#### **Key Performance Indicators** Create KPIs for each Service Area involved in exercise play. It is usually a good idea to get the Service Managers and/or Head of Department to be the evaluators for their respective areas as they are more familiar with the processes and procedures pertaining to that area. [Service area] [Service area] Evaluator: [NAME] No. Indicator Measurement met by: Comments **ALL RED sections need** Observation (Additional information the evaluator needs to hear) to be completed Verbalised Written

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### **Section 5: Injured Guber Lists**

Exercise [NAME]	
Exercise Date	
Exercise Venue	

# Injured Guber List – Mass Casualty Incident The ETS facilitator will supply you with a master list of all of the injured gubers. Selecting your patients from the master injury list should form part of your steering group agenda. The Guber patients you select from this list will be the patients arriving from the scene. Total number of patients Deceased (pre-hospital use only) No. of Red No. of Yellow

#### **Exercise Patient Injects - ED**



No. of Green

Exercise inject patients are patients who will present at ED but who have not been involved in the MCI. You may or may not choose to inject these patients however details are needed so that gubers can be made up in preparation for the exercise.

Refer to Excel spreadsheet provided by ETS Facilitator and populate all information

#### **ED In-Patients or BAU**



These are patients already admitted. The gubers will need to be made up with appropriate details, conditions and treatment plans so that participants can follow processes when/if discharging, decanting or moving patients. This information can be extracted from PIMS (Patient Information Management Systems) when extracting your census data. The ETS facilitator will remove patient names (and other personal information) and participants will use the NHI to track the patient.

Refer to Excel spreadsheet provided by ETS Facilitator and populate all information

#### [Service Department] In-Patients or BAU



These are patients already admitted. The gubers will need to be made up with appropriate details, conditions and treatment plans so that participants can follow processes when/if discharging, decanting or moving patients. This information can be extracted from PIMS (Patient Information Management Systems) when extracting your census data. The ETS facilitator will remove patient names (and other personal information) and participants will use the NHI to track the patient. Data for each Service Department will need to be provided – copy and paste this info into the excel spreadsheet provided.

Refer to Excel spreadsheet provided by ETS Facilitator and populate all information

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Exercise NAME

Guber relatives

Usually this forms an inject e.g. a whole lot of family arriving at the site/hospital looking for their family members – something that needs to be management by the Incident Controller/IMT.

Relative to: [Pt NHI Number]	Location	Details
	TOTAL	

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# **Section 6: Service Department Master List**

Exercise [NAME]	
Exercise Date	
Exercise Venue	

# **Service Departments**

4	P
_	

Using the lists below, select the appropriate service departments participating within the Exercise. Indicate whether the service department will be playing in-scope (in which case this department will need to run a whiteboard) or out-of-scope (which means that there will be a representative from this department participating in the exercise however they will not necessarily be running a whiteboard). This information will provide staff with a feel of the size of the exercise as well as inform them of who they can be expected to interact with during the exercise.

Pre-Hospital				
Service Department	In Scope	Out of Scope	Whiteboard	Other
Ambulance Communications				
Police Communications				
Fire Communications				
Ambulance Command				
Police Command				
Fire Command				
Scene board				
Staging Area				
Safe Forward Point				
Awaiting Transport				
Casualty Clearing Point				
Loading Zone				

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Hospital					
Service Department	In Scope	Out of Scope	White board	Other	
EOC					
Ambulance Bay					
Administration/Ward Clerk				Name tag	
Emergency Department					
ED Triage					
ED Monitoring					
ED Resus					
Admission Planning Unit					
Delay board					
Intensive Care Unit					
Operating Theatre					
Recovery					
Critical Care Unit					
Surgical Ward					
Medical Ward					
Nurses Station					
Plasters Room					
Fracture Clinic					
Radiology					
Laboratory					
Burns Unit					
Out patients					
Transit Lounge					
Waiting Room					
Mortuary					
Temporary Mortuary					
NZ Blood Service					
Pharmacy					
Social Workers					
Assembly Area					
Orderlies					
Security					
Family Area					
Cafeteria/Cafe					
Chapel					
Staff Resources Board					

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EOC					
	among to ano more (that term yet our part and				
EOC Role	In Scope	Out of Scope	Name tag		
Incident Controller					
Operations					
Planning and Intelligence					
Logistics					
Communications					
Liaison					
Safety					

Administration

Exercise Whiteboard Allocation and Signage		
Board number and size	Department – Signage required	

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# **Section 7: Service Department Floor Plans**

	[DEPARTMENT] Floor Plan
	The ETS Facilitator will require floor plans of all service groups involved in the exercise. These diagrams
Ø	can be a basic sketched floor plan indicating vital areas which need to be replicated on the whiteboards for exercise play. These sketches need to be scanned and forwarded to the ETS facilitator. Please submit a
	floor plan for each whiteboard (representing the service area) in play.
	, , ,

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#### **Section 8: Data Collection Sheets**

Exercise [NAME]	
Exercise Date	
Exercise Venue	

#### **Pre- Hospital: Data Collection Sheets**

#### **AMBULANCE – Snapshot Data**

Use this template to document staff and unit capacity as per roster data at the time and date selected for the exercise. Use this data to complete a Resource Status report for the Duty Manager to refer to at start of play.

#### Status as at [TIME] on [DATE] No. of No. of No. of staff Call back / availability Call Sign Skill level **Resource Type** resources resources call timeframes committed available back See examples in blue below **RRU** 1 1 OSC9AK 5ALS **ALS** 20mins SER1AK ILS 6ILS 30mins 4BLS 20mins **Ambulance** 2 CITY1 **ALS** N/A 10mins MTWN1 ILS N/A 15mins STHL1 **BLS** N/A 8mins MTRS1 **BLS** N/A 11mins Spare vehicles N/A N/A N/A N/A N/A N/A MCI cache N/A N/A N/A N/A Heli N/A N/A Staff call back N/A **ALS** 10mins N/A

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# **AMBULANCE Equipment Data**



Use this template to document the equipment required at the scene for the time and date selected. This information will be used to create whiteboard signage so that it is available to the participants for play.

<b>Equipment Description</b>	No. required	Area Stored/Required
Ambulances		
Stretchers		
MCI cache		
Command Unit		

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FIRE Service – Snapshot Data

Use this template to document staff and resource capacity as per roster data at the time and date selected for the exercise. Use this data to complete a Resource Status report for the Duty Manager to refer to at start of play.

Status as at [TIME] on [DATE]						
Resource Type	No. of resources committed	No. of resources available	Call Sign	No. of crew	No. of staff call back	Call back timeframes
		See ex	amples in blu	e below		
Pump	1	1	City	4	3	30mins

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	FIRE Equi	pment Data	
	Use this template to document the equipment required at the scene for the time and date selected. This information will be used to create whiteboard signage so that it is available to the participants for play.		
<b>Equipment Description</b>	No. required	Area Stored/Required	
Generator			
Extrication equipment			
Pumps			
Command Unit			
Engines			
	1		

Title: Emergo Exercise Template – ? DHB [Exercise Name]	Issue Date: January 2016
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POLICE Service – Snapshot Data

Use this template to document staff and resource capacity as per roster data at the time and date selected for the exercise. Use this data to complete a Resource Status report for the Incident Controller to refer to at start of play.

Status as at [TIME] on [DATE]						
Resource Type	No. of resources committed	No. of resources available	Call Sign	No. of crew	No. of staff call back	Call back timeframes
		See ex	amples in blu	e below		
Vehicle	1	1	AKI2	2	3	30mins

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# **POLICE Equipment Data**



Use this template to document the equipment required at the scene for the time and date selected. This information will be used to create whiteboard signage so that it is available to the participants for play.

<b>Equipment Description</b>	No. required	Area Stored/Required
Road cones		
Tape		
Response vehicles		
Command Unit		

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# **Hospital: Data Collection Sheets**

Exercise [NAME]	
Exercise Date	
Exercise Venue	

# [NAME] HOSPITAL CENSUS – SNAPSHOT DATA

$\wedge$	

Status as at [Snapshot data date and time]

Use this template to document bed occupancy numbers as per hospital data at the time and date selected for the exercise. Use this data to complete a Bed Status report for the Duty Manager to refer to at start of

Ward/Unit	Service Description	Occupancy	Open Beds

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# **[NAME] HOSPITAL ON DUTY STAFF RESOURCES**

#### Status as at [Snapshot data date and time]

Use this template to document on-duty staff resources as per hospital data at the time and date selected for the exercise. Use this data to complete a Bed Status report for the Duty Manager to refer to at start of play.

Skill set / Staff positions	Number of staff
[SERVICE/\	WARD]
Registered Nurse	
Enrolled Nurse	
Health Care Assistant	
Clinical Nurse Manager	
Clinical Nurse Educator	
Charge Nurse	
Consultant	
Registrar	
[SERVICE/\	WARD]
[SERVICE/\	WARD]
[SERVICE/\	WARD]
Medical Staff / Doctors	s available on site

Title: Emergo Exercise Template – ? DHB [Exercise Name]	Issue Date: January 2016
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# [NAME] HOSPITAL CALL BACK STAFF RESOURCES Status as at [Snapshot data date and time] Number Skill Set Call back timeframes [SERVICE/WARD] Registered Nurse 3 30 mins **Enrolled Nurse** Health Care Assistant Clinical Nurse Manager Clinical Nurse Educator Charge Nurse Consultant Registrar [SERVICE/WARD] [SERVICE/WARD] [SERVICE/WARD]

Title: Emergo Exercise Template – ? DHB [Exercise Name]	Issue Date: January 2016
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# **Hospital: Data Collection Sheets ...cont...**

[NAME] DHB ON DUTY STAFF RESOURCES  RADIOLOGY – [data replication date]					
Skill set	Number				
	[Area]				
Radiographer					
Radiologist					
[Area]					
Radiographer					
Radiologist					
	[Area]				
Radiographer					
Radiologist					

[NAME] DHB CALL BACK STAFF RESOURCES RADIOLOGY - [data replication date]					
Skill Set		Number		Call back timeframes	
Radiographer					
Radiologist					

[NAME] HOSPITAL ON DUTY STAFF RESOURCES ORDERLY AND SECURITY – [snapshot data date & time]				
Location	Number			
Orderly – ED	4			
Orderly – Radiology	2			
Security – Hospital campus	6			

[NAME] DHB CALL BACK STAFF RESOURCES ORDERLY AND SECURITY – [data replication date]					
Skill Set	Number	Call back timeframes			
Orderly					
Security					

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# **Hospital: Data Collection Sheets ...cont...**

# [NAME] Hospital Equipment Data - Hospital

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Use this template to document the equipment required throughout the hospital at the time and date selected for the exercise. This information will be used to create whiteboard signage so that it is available to the participants for play.

Equipment Description	No. required	Area Stored/Required
Defibrillator		
ECG Machine		
Oxylog Ventilator		
Portable ventilator		
Monitors		
Rover BP machines		
Portable Monitors		
Portable Oxygen Cylinders		
CPAP		
Chest Drain Trays		
Chairs in the waiting room		
Trolleys (additional)		
Trauma Beds (ability to do trauma		
series x-rays)		

Title: Emergo Exercise Template – ? DHB [Exercise Name]	Issue Date: January 2016		
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# **Hospital: Data Collection Sheets ...cont...**

# [NAME] Hospital Equipment Data - Radiology

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Use this template to document the equipment required within the Radiology Department at the time and date selected for the exercise. This information will be used to create whiteboard signage so that it is available to the participants for play.

Equipment Description	No. required	Room or Area Stored/Required
CT Scanner		
Ultrasound		
Ultrasound FAST scanner		
X-Ray mobile unit		
X-Ray mobile image intensifier		

Title: Emergo Exercise Template – ? DHB [Exercise Name]	Issue Date: January 2016
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# **Section 9: Hospital Forms**

#### **Bed/Duty Manager Report**

# [NAME] Hospital – Bed/Duty Manager Report



Use your own forms to complete a census report for the Bed/Duty Manager. This snapshot will be used by the Bed/Duty Manager when the exercise commences and should include:

- Date
- Ward Name
- No. of patients in ward
- No. of empty beds
- Predicted discharges
- Booked admissions
- Comments/Notes

Example of a template provided below.

128404 X7683 08/08

#### TAURANGA HOSPITAL... BED MANAGEMENT HANDOVER REPORT



Date / /		No. of Patients	Empty Beds	Predicted Discharges	Booked Admissions	General Comments / Transfers / Specials etc.
Ward 1d	30		Male Female Side Rooms			
Ward 2a	22		Male Female Side Rooms			
Ward 2b	22		Male Female Side Rooms			
Ward 2c	24		Male Female Side Rooms			
Ward 3a	22		Male Female Side Rooms			
Ward 3b	22		Male Female Side Rooms			
Ward 3c - PAEDS	19		CAU			
CAU	3		Side Rooms			
Ward 4b - ORTHO	40/36		Male Female Side Rooms			
APU	28		Male Female			
ICU/HDU	5					
CCU	5					
Mental Health	24	9.				
SHSOP	38					
SCBU Postnatal Antenatal Delivery	12 21 4 7					
ED Obs Unit	5					
Medical Day Stay	18					
SAU	18					

Title: Emergo Exercise Template – ? DHB [Exercise Name]	Issue Date: January 2016
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#### **Lab Forms**

### [NAME] Hospital – Lab Forms



Provide a copy of the lab forms used within your hospitals to the ETS facilitator. These forms can then be used during exercise play – staff will be familiar with the forms and therefore be more realistic to the scenario.

Example of a template provided below.

ENQUIRIES: Phone SURNAME FIRST NAMES DOB / /		RESUL                 	TS HOTLIN		8 0795		pa	athla	b to ltd	URINE SWAB C V SMEAR FAECES
Ethnic Origin:  PAHENT ADDRESS:  FASTING RANDOM			PATIENT T	O PAY	rs to	F Ha	edisting Health milton 3240		838 2569 M0036252	SPUTUM SEMEN MYCO COLLECTED BY I.D.
	☐ Weekly ☐ Mon ☐ Fortnightly ☐ Oth		□ PHC	NE 🗆	FAX	TC	CODE			ON
BIOCHE	VIISTRY	URINE	MICRO	):)(0)L0(: SWAB			and the trade for the form of the section of	TOLOGY		JNOLOGY  Hep.A lgG/lgM
☐ LIVER FUNCT. ☐ Glucose. ☐ HBA1C	□ FT4 □ TSH □ FT3	☐ MSU ☐ Cathete ☐ Other	r	☐ Woo Site Site	ind 🔲 ! 2	*******	□ CBC □ ESR □ Retics □ Fe/IBC/Trans	COAGULATION INR (Prothrombin) Coag Screen	☐ Infect. Mono ☐ EBV IgG/IgM ☐ CMV IgG/IgM ☐ Toxo IgG/IgM	Hep. A IgG/IgM HBs Ag/Ab anti HB core HBe Ag Hep. C Virus Ab
□ STD GTT * □ Gest. Tolerance * Requires Appt.	LIPIDS TOT. cholest. Fasting Lipids: Cardiac Enz	TB early	y am Urine x3	□ Ear □ Eye □ Nasa □ Mou			☐ Ferritin ☐ B12/Folate ☐ Red Cell Folate ☐ Ist Antenatal Screen	D.dimer Thrombotic Screen	☐ Brucella ☐ Leptospira ☐ Strept. Titres	□ HIV □ Syphilis Serology □ Rubella Status □ Rubella Infection
□ IHr Polycose Screen  RENAL  □ Urea	☐ CK ☐ Troponin I ☐ S.Amylase ☐ PSA	☐ Vaginal ☐ Cervical ☐ Urethra		Thro	eat E <b>S</b>		(Group, Antibody Screen, YDRL, (RPR), Rubella, HBsAg, (BC, HIV) Subsequent	☐ Von Willebrand Scr ☐ Lupus Anticoagulant Requires Appt.	Rheumatoid Thyroid Abs.	(paired sera)  Mantoux  Skin Sensitivities
☐ Creatinine ☐ Electrolytes ☐ Magnesium ☐ Uric Acid	DRUGS	Urethra Uvulval Uther		Rota	sites x 3 virus		Antenatal Screen (Antibody Screen, CBC)  HCG	☐ Direct Coombs ☐ ABO Rh, Blood Group  LOCY	☐ ANF ☐ Tissue Abs. ☐ Coellac Screen	Requires Appt.  Tumor Markers  AFP
Ca <sup>++</sup> /Phos PROTEINS	Last dose am/pm  Digoxin Lithium	☐ Ist Cato	h Urine	☐ Rect	dia/Crypto E al Swab ult Blood x 3		☐ Cervical Smear ☐ OTHER Please Specify			☐ CEA ☐ CA19-9 ☐ CA125
☐ Total Protein ☐ Albumin ☐ Immunoglobulins	☐ Theophylline ☐ Carbamazepine ☐ Phenytoin	GENERAL  Blood C	ulture		SPECIFY		OTHER TESTS	/ HISTOLOGY	SPECIMEN / SITE	
☐ Electrophoresis ☐ Immuno Electrophoresis	Valproate RANDOM URINE	☐ Sputum ☐ Sputum	TB x 3							
HORMONES  FSH LH	☐ BJ Protein ☐ Micro Alb/Creat.Ratio	☐ Mycolog	Site y Site Site		0				See Reverse for L	ist of Reception Room
☐ Prolactin☐ Testosterone	24 HOUR URINE  Creatinine  Cr.Clearance(+blood)	☐ Virology			CLINICA	L PAR	TICULARS			A
☐ Progesterone ☐ E2	□ Na / K □ Protein	SEMEN  Fertility  Post Vaso			DATE:	מופ פום	GNATURE:			( Q

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#### **Radiology Forms**

### **[NAME]** Hospital – Radiology Forms



Provide a copy of the radiology forms used within your hospitals to the ETS facilitator. These forms can then be used during exercise play – staff will be familiar with the forms and therefore be more realistic to the scenario.

Example of a template provided below.

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Surrame:	maid.		Appointment date			
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Isolation YES / MQ						
Isolation YES 7 NO MISSA, VRB. other:						
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Interpreter needed YES / NO						
Language:						
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Harnsport nurse YES / NO						
, Bed speer:						
Interventional cases / CT cases						
Absolt Date Military	Granda and					
CREATINITY (Section 1997)						
eges 2000			Place Radiology	. San zade	Labol bond	
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METFOSMINI - YES / NO %						
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#### **Patient Tracking Forms**

#### [NAME] Hospital – Patient Tracking Forms

Ø

Provide a copy of the radiology forms used within your hospitals to the ETS facilitator. These forms can then be used during exercise play – staff will be familiar with the forms and therefore be more realistic to the scenario. Patient tracking forms will be required for all service departments as per your normal 'manual' documenting processes.

Example of a template provided below.

GUBER NO	MCI NO.		Unit/Ward Na	Unit/Ward Name				Date
		Patient Label <u>or</u> NHI, SURNAME, first name, DOB	CBU / Team Presentation / Consultant / Diagnosis	Arrival Time	Triage code	Location	Departure Time	To Destination.
			10 10 PMs 10					

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# **Section 10: Time Management Data**

Exercise [NAME]	
Exercise Date	
Exercise Venue	

#### **Pre-Hospital Time Management Data**

Each task needs to be accompanied with the time in which it would take for that particular task to be completed as well as the number of staff committed to completing this task. This timeframe is referred to as 'ETS time out' and is managed on the delay board. This allows for real time management.						
Task/Activity	No. of staff committed to task	Time to complete task				
Loading patient	2	2 minutes				
Walking to CCP	1	2 minutes				
Transporting a patient in an ambulance	2					
From (department)	To (department)	Time to complete task				
	10 (department)	Time to complete task				
Scene	Hospital	12 minutes				
	,					
	,					
, , ,	,					

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FIRE Time Management Data

Each task needs to be accompanied with the time in which it would take for that particular task to be completed as well as the number of staff committed to completing this task. This timeframe is referred to as 'ETS time out' and is managed on the delay board. This allows for real time management.

Task/Activity	No. of staff committed to task	Time to complete task	Notes				
See examples in blue below							
Extricating a patient	3	11mins					
Retrieving equipment from work area	1	2mins					
Time to stabilise	2	22mins					

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POLICE Time Management Data

Each task needs to be accompanied with the time in which it would take for that particular task to be completed as well as the number of staff committed to completing this task. This timeframe is referred to as 'ETS time out' and is managed on the delay board. This allows for real time management.

Task/Activity	No. of staff committed to task	Time to complete task	Notes				
See examples in blue below							
Setting cordons	3	20mins					
Clearing crowd	1	10mins					

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#### **Hospital Time Management Data**

Exercise [NAME]	
Exercise Date	
Exercise Venue	

#### **ORDERLY Time Management Data** Each task needs to be accompanied with the time in which it would take for that particular task to be completed as well as the number of staff committed to completing this task. This timeframe is referred to as 'ETS time out' and is managed on the delay board. This allows for real time management. No. of staff committed to From (department) To (department) Time to complete task task See examples in blue below **ED X-Ray Room** 1 ED 11mins ED CT 10mins 1 CT ED **ICU** ED ED Radiology ED Radiology Helipad ED ED Mortuary The time allocated for taking patient to departments should include assisting with bed transfer and the

The time allocated for taking patient to departments should include assisting with bed transfer and the orderly returning the bed to its place of origin. Ensure that normal processes are replicated (using defined processes) when activating and assigning orderlies in the event of an emergency.

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RADIOLOGY Time Management Data							
The X-Ray times above need to reflect the actual times as per your radiology department.							
X-Ray type	Time to complete with complex patient	Time to complete with uncomplicated patient	No. of staff committed to task				
X-Ray Times - Mobile Films							
See examples in blue below							
Trauma Series – C- Spine, CXR, Pelvis	25mins	15mins	1				
CXR	10mins	10mins	1				
	In ED X	-Ray Room					
CXR	7mins	7mins					
Pelvis/Hip	17mins	12mins					
C-Spine	17mins	12mins					
Thoracic Spine or Lumbar Spine	17min	12min					
Abdominal	10mins	8mins					
Distal Limbs (per limb)	12mins	10mins					
	СТ	Times					
CT Head	25mins	15mins					
CT Head & Spine	25mins	15mins					
CT Head, Face, C-Spine, Abdomen & other spinal views	30mins	20mins					
CT Chest & Abdomen	20mins	10mins					
C-Spine, Thoracic or Lumbar spine	20mins	10mins					
Circle of Willis / Carotids / Vertebral	20mins	15mins					

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Additional Time Management Data

This is additional signage which will be placed on the whiteboards of various service areas to help participants manage time-outs for other tasks or task specific to their area.

	Time Delay ata
Cleaning	mins
Restock	mins
Discharge	mins
	mins
	mins

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# **Section 11: Conduct Phase**

Exercise [NAME]	
Exercise Date	
Exercise Venue	

	Conduct Details
Preparation	
Set up	Set up facility the day prior to the exercise
Instructor briefing	Instructors to be briefed on roles and exercise play etc PRIOR to the exercise
Introduction	
Exercise Director/Host	Welcome
	Why you are testing your plans?
	Objective/s for the day?
	Aim/s for the day?
	Outline of the day's schedule
	Introduce the instructors and evaluators
ETS Overview	Powerpoint Presentation
	ETS facilitator to recap fundamentals of ETS
Exercise Director	Present the scenario – consider use of PP
Participants enter the exercis	e room in their groups
ETS instructors	Go through ETS again and answer any questions
	Explain rules of play
	Explain treatment cards, activity logs, delays etc
Exercise commences	
Exercise Director calls 'stand	down' at the end of exercise
Conclusion	
Hot debrief	Conducted by Exercise Director
	Scribe to capture notes from the hot debrief
Refreshments	

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#### **Briefing Grid Senior and Assistant Instructors Briefing** Senior Instructors Briefing Pack Roles and responsibilities Exercise outline **Exercise Documents** Methods to be used Exercise Master Schedule of Events (Activity Log) Senior Instructors Evaluation Template **Medical Umpire Briefing** Medical Umpire Briefing Pack Adverse Outcomes Sheet Stickers Roles and Responsibilities **Exercise Outline Exercise Documents** Methods to be used Exercise Master Schedule of Events (Activity Log) Medical Umpire Evaluation Template **Evaluator Briefing Evaluator Briefing Pack** Populated KPI sheets Which KPIs are to be evaluated Where the Evaluator is positioned Roles and Responsibilities **Exercise Outline Exercise Documents** Methods to be used Exercise Master Schedule of Events (Activity Log) **Evaluator Evaluation Template Exercise Briefing - ETS Director** Welcome Safety briefing Exercise schedule and timings Plan/s being tested Aim and Objective Service Department Locations Exercise boundaries Scenario Outline Introduce Instructors and Evaluators **Hot Debrief** Initiation and unfolding of scenario Deviations form plans or procedures Timeliness and other key performance indicator outcomes Effectiveness of or shortcoming in, command and control

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Problem solving activities and decision making Common themes arising during the exercise

Exercise Schedule -	change the details to suit your exercise requirements
Exercise Name	
Exercise Date	
Exercise Venue	
Time	Description
08:45	Meet and Greet,
08:45	Enter Exercise Room – Instructors to provide overview
09:15	Introduction – Exercise Director
09:20	ETS Instruction DVD & Overview – ETS Facilitator
09:40	Scenario Presentation – Exercise Director
09:45	Questions – participants move to respective areas
10:00	Exercise commences
12:00	Exercise stand down
12:15	Hot Debrief
12:45	Refreshments
13:00	Exercise day concludes

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	Participant – Hot Debrief Notes [NAME] DHB – Exercise [NAME]
Exercise Date:	
Name:	
Title and Organisation:	
Service Board:	
	What went/worked well?
	What all a saturational walls
	What did not go/work well?
	What could have been done differently?
	What sould have been dene differently i
	Recommendations & what can be improved?
	General comments

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Emergo Train System Exercise HOT DEBRIEF NOTES		
[NAME] DHB		
Exercise: [NAME]		
Exercise Date		
Exercise Venue		
Debrief facilitator		
Notes taken:		
[Service Area]		
•		
[Service Area]		
•		
[Service Area]		
•		
[Service Area]		
•		
[Service Area]		
•		
[Service Area]		
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[Service Area]		
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[Service Area]		
•		

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# **Section 12: Evaluations**

Exercise [NAME]	
Exercise Date	
Exercise Venue	

Evaluations		
Туре	Description/Notes	Timeframe
Participant List	Completed list (reflecting names of all participants) to be handed back to ETS Facilitator	On the day of exercise
Measure KPIs	Completed templates to be returned to the ETS Facilitator	On the day of exercise
Activity Logs – Service Areas	Each service area logs to be returned to ETS Facilitator	On the day of the exercise
Event Logs – Instructors	Event log to be returned to ETS Facilitator	On the day of the exercise
Exercise summaries	Completed by service department representatives returned to ETS Facilitator	Within one week following the exercise
Exercise findings	Senior Instructors/Assistants to provide reports to ETS Facilitator	Within one week following the exercise
Observer reports	Reports from Observers forwarded to ETS Facilitator	Within one week following the exercise
Hot Debrief Notes	Notes taken by scribe on day to be forwarded to ETS Facilitator	Within one week following the exercise
Final Report	ETS Facilitator to work with Exercise Director	Within one month of exercise
Cold debrief and Action Planning	Emergency Planners to reference and follow up on findings	BAU

### **Participant Evaluation**

On online survey will be developed. The link to this survey will be sent to the DHB following the exercise. All feedback will be recorded and added to the supporting document submitted along with the final report.

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# **Section 13: Final Report**

Exercise [NAME]		
Exercise Date		
Exercise Venue		
Final report recipients:		
Name	Title & Organisation	Email address
David Nankivell	Health Emergency Planning Manager – St John	david.nankivell@stjohn.org.nz
Richard Swears	Emergency Planning and Specialist Response Manager – St John	richard.swears@stjohn.org.nz
Murray Mills	Regional Emergency Management Advisor - Ministry of Health	Murray_mills@moh.gov.nz
DHB Planner		

The final report will be used by the DHB during the cold debrief to formulate operational action plans based on the outcomes of the exercise. Cold debrief findings need to be forwarded to the ETS Facilitator. These notes will be kept on record and referenced prior to the next exercise.

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#### **Participant Attendance Register**

# **EXERCISE PARTICIPANT LIST**

# [NAME] DHB - Exercise [NAME] [DATE]

Name	Company/Department	Position	Exercise Role
EXAMPLE	XXDHB - ED	Clinical Nurse Manager	ED CNM

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